



Personal & Family Preparedness Plan



Dallas County Health & Human Services

Emergency Communication Plan

Our Phone Number: \_\_\_\_\_

Our Address: \_\_\_\_\_

Family Member	Work/School Phone Number	Cell Phone Number

Support Network (Friends/Neighbors/Relatives)

Name	Home Phone Number	Cell Phone Number

Out-of-Area Contacts for Our Family

Name	Address	Home & Cell Phone	Email Address

Emergency Meeting Locations

Near Home	
In our town	
Out-of-town	

License Tag Numbers

Vehicle 1	Vehicle 2	Vehicle 3	Vehicle 4

Other Important Contacts

Contact	Name	Telephone	Policy Number
Doctor / Clinic			
Pharmacy			
Hospital			
Medical Insurance			
Homeowner Insurance			
Veterinarian			
State Highway Patrol			
TX Dept.of Transportation			

Dial 911 for Emergencies

IMPORTANT! Include both land line and cell numbers. In an emergency, however, both systems may not function.

# Family Health Information

Name	Blood Type	Allergies	Past/Current Conditions	Medications and Dosages
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

## Special Needs Family Members

(Those who are disabled or need specialized care)

1. Create a supportive network of family, friends, and neighbors (add to your Communication Plan on page 1)
2. Advise your support network about where you keep your Emergency Preparedness Kit
3. Provide a house key to a member of your support network
4. Contact your city or county government's Emergency Information Management office (list the phone number below) and give them the names and conditions of disabled family members
5. Make sure that disabled family members wear a medical alert tag or medical identity bracelet that contains information about the disabling condition
6. Locate additional facilities that offer dialysis or other life sustaining treatments and record information below
7. Show others how to operate mobility devices such as wheelchair and oxygen equipment
8. Attach written instructions to each device. Include such information as:
  - Dimensions and weight of portable devices
  - Whether the portable devices are collapsible
  - Location and size of extra batteries and how to install

Agency / Facility / Contact Name	Address	Phone
Medical Equipment Type	Dimensions	Serial Number